

TIA PETCH · LIFESTYLE GUIDE

THE CALM HOME EDIT

How we made our home feel soft, styled and calm, with a handful of small, intentional choices.

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WELCOME HOME

SOFT, CALM & QUIET

Home is my favourite project. In a world of bright, busy, beeping everything, we wanted ours to feel like the opposite, calm, soft and quiet, the kind of space that lets your shoulders drop the second you walk in. None of it is expensive or complicated. It is just a handful of small, intentional choices, and they make everyday life feel so much lovelier. Here is exactly how we do it.

Love, Tia x



01 WARM LIGHT ONLY

If you take one thing from me, let it be this: bin the big bright overhead light. Our whole home runs on warm lamps, dimmers and soft little pools of light, and it completely changes the mood of a room. In the evenings especially, low warm lighting quietly tells everyone the day is winding down. It is the easiest, quickest way to make a space feel calm and expensive.

THE PIECES

- ✓ Rechargeable warm wall lights
- ✓ Warm-toned lamps over the big light
- ✓ Dimmers in every main room



02 BRING THE OUTSIDE IN

I build our home around soft, natural, muted tones, creams, sages and warm woods, with a little greenery in every room. Natural materials just feel calmer to live with, and a few stems of dried eucalyptus in the bathroom turn the most ordinary shower into a spa moment. Keep the palette quiet, and let the light and the people be the colour.

THE PIECES

- ✓ Dried eucalyptus stems
- ✓ Natural, woven textures
- ✓ A soft, neutral base palette



03 A HOME FOR EVERYTHING

Calm starts with order, truly. The fastest way to a peaceful home is giving everything a place to live. We use pretty baskets to hide the everyday chaos, drawer dividers so nothing is ever a jumble, and a quick five-minute reset each night. A clearer space genuinely makes for a clearer head.

THE PIECES

- ✓ Rope storage baskets
- ✓ Drawer dividers
- ✓ A shoe storage bench by the door



04 THE LITTLE LUXURIES

It is the tiny upgrades that make a house feel like a warm hug. Decanting your hand wash into a beautiful dispenser, a surface spray that actually smells divine, a styled little coffee corner for slow mornings. None of it costs much, but together it makes everyday life feel that bit more considered and lovely.

THE PIECES

- ✓ Matching soap & shampoo dispensers
- ✓ Koala Eco surface spray
- ✓ A little coffee syrup station

MAKE IT YOURS

Start with one light, one basket, one little ritual, and build from there. Tag me @tiapetch when you do, I love a home refresh. Everything I use is linked on my site.

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